

Going back to school after the Christmas Holidays



My house is going to look different after the Christmas holidays.

The Christmas tree and decorations will be taken down.



The Christmas lights will be taken down.



It is ok to feel sad that the house is different.

Change is ok.



I can look forward to the next holiday which is

I can also use my new presents or calm choices to help me feel happy.

My new presents are:



Soon I will go back to school after the Christmas holidays.

My ____ or ____ will show me on my calendar when school begins again.



During the Christmas holidays, I relaxed and did lots of fun things.

The fun things I did were:

- 1.
- 2.
- 3.

When I go back to school, I can tell my teacher and friends what I got up to over the Christmas holidays.

