



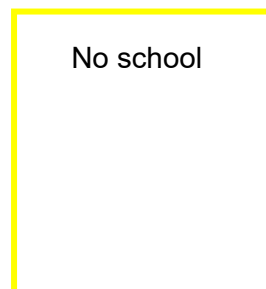
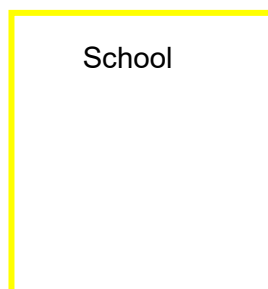
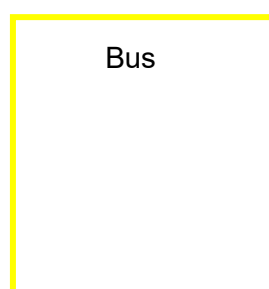
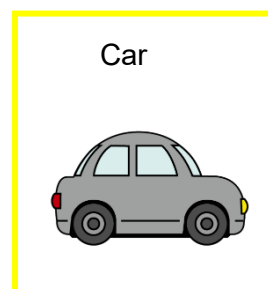
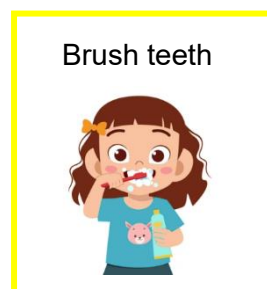
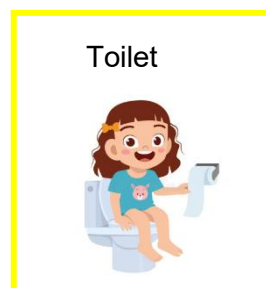
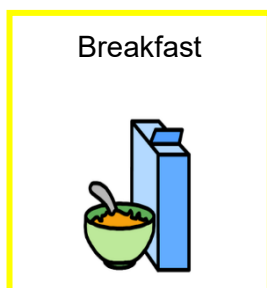
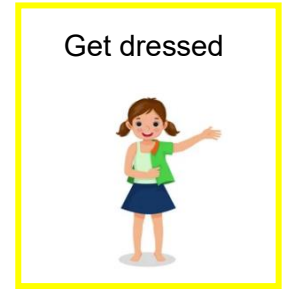
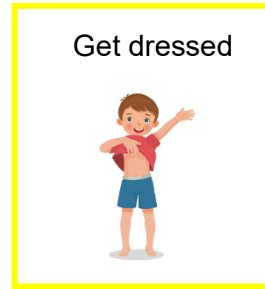
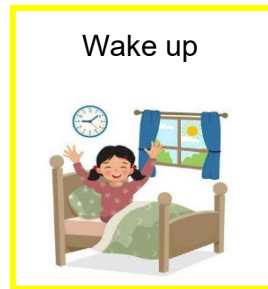
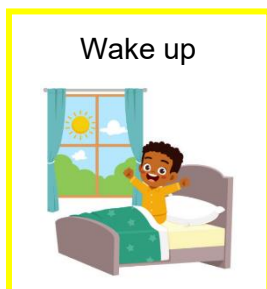
How to use schedule:

Choose 4–6 key steps in your child's morning routine and add them to the strip of Velcro on the schedule.

Before beginning the routine, show your child the full strip of pictures.

After completing each step, encourage your child to remove the picture and place it in a "finished" box or bowl.

If bespoke visuals are needed, please call the helpline and ask for more.





How to use schedule:

Choose 4–6 key steps in your child’s bedtime routine and add them to the strip of Velcro on the schedule.

Before beginning the routine, show your child the full strip of pictures.

After completing each step, encourage your child to remove the picture and place it in a "finished" box or bowl.

If bespoke visuals are needed, please call the helpline and ask for more.

Brush teeth



Brush teeth



Sleep



Sleep



Story



Tidy up toys



Tidy up toys



PJs



Toilet



Toilet



Bath



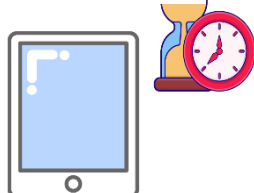
PJs



Dinner



iPad



Supper



Medicine

